

Beste Seizoentijden 2012-2013

Naam	Categorie	100m	300m	500m	700m	1000m	1500m	3000m	5000m	10000m
Janneke Bakker	DP	14.42	37.78	1:00.65						
Anouk Beurgens	DP	14.13	36.26	55.04	1:20.18	1:56.27				
Roxane Demmink	DP	12.68	31.67	50.38	1:18.24	1:55.01				
Daphne Fokker	DP	13.75	35.33	55.50		1:59.30				
Felicia Louhenapessy	DP	13.92	35.96	55.87	1:21.47	2:02.01				
Milou Middelkoop	DP	15.27	39.02	1:01.99						
Sam van Tamelen	DP	13.90	33.26	52.82	1:20.45	1:52.51				
Sara Besamusca	DC	13.23	34.68	56.57		1:58.89				
Julia van der Grift	DC	13.93	36.90	57.45	1:24.02	2:02.10				
Karlijn Kruiswijk	DC		36.27	58.20		2:04.88				
Anoek van der Lek	DC			53.75	1:19.57	1:51.17				
Ivana Louhenapessy	DC	11.81	28.13	44.58	1:03.04	1:32.32	2:20.84			
Robin Norbart	DC	12.93	32.68	53.09	1:16.43	1:52.63				
Djamilla -Pijpker	DC	13.73	36.52	57.57	1:21.57	2:01.94				
Mandy Teunissen	DC	12.24	29.56	47.90	1:09.43	1:39.21	2:49.27			
Julia van der Vaart	DC	14.03	36.18	52.99	1:23.79	1:51.17				
Lisa Verhoeff	DC	13.41	32.15	48.98	1:15.45	1:38.23	2:39.76			
Marit Wismeijer	DC		40.47	1:07.09		2:16.52				
Nathalie de Wit	DC		36.92	1:00.34						
Merle Beernink	DB			51.08	1:13.97	1:43.38				
Sonja Jongeling	DB			54.80		1:55.08				
Lisanne Kruiswijk	DB			51.67	1:14.84	1:44.21				
Danique Vergeer	DB	12.13	29.01	44.20	1:03.83	1:28.64	2:17.85	4:52.04		
Joyce Wolters	DB	12.16	28.79	45.00		1:30.66	2:15.66	4:44.73		
Anouk van Bommel	DA			48.62		1:39.59	2:41.63			
Chantalle Timmer	DA	11.95	28.83	42.94		1:26.26	2:12.44	4:41.56		

Naam	Categorie	100m	300m	500m	700m	1000m	1500m	3000m	5000m	10000m
Marieke van Ede	DN			45.74		1:33.74	2:23.17			
Paulien van Egmond	DN			48.46						
Anne Marthe de Heer	DN	11.79	27.83	43.50	1:03.48	1:28.20	2:15.06	4:51.14		
Suzanne Hoogendoorn	DN			45.01		1:27.54	2:13.09	4:39.63	7:53.98	16:35.84
Jessica Merkens	DN			43.87		1:25.34	2:09.24	4:30.93	8:20.61	
Akke Pronk	DN			43.97		1:26.19	2:10.91	4:33.94		
Annabel Regtvoort	DN	11.50	28.12	44.26		1:31.65	2:27.01			
Anne Spaargaren	DN			45.57		1:34.10	2:21.14			
Natalie Timmer	DN			51.45		1:42.65				
Esther van Wijngaarden	DN			45.07		1:33.76	2:23.99			
Marloes Heus	DS			47.62		1:40.57				
Wouter Floor	HP	13.17	34.02	57.93	1:25.62					
Max de Graaf	HP	13.05	32.10	50.17	1:15.35	1:47.54	2:38.20			
Cas Hoorneman	HP		32.96	51.41	1:11.65	1:44.25				
Twan Kok	HP	12.56	32.20	50.16	1:10.98	1:45.31				
Jelmer Kooij	HP		32.61	53.76	1:16.37					
Kaya Lima	HP	14.44	39.52	1:03.82						
Quinten de Ronde	HP	12.54	30.10	45.68	1:09.49	1:35.46	2:28.27			
Lucas van der Vaart	HP	14.24	35.41	58.68	1:27.16					
Emiel Wormgoor	HP	13.79	35.88	56.15	1:21.61	2:00.76				
Jur Fokker	HC	13.72	36.52	1:00.68		2:13.43				
Wesley de Kraker	HC	13.83	34.56	55.93	1:17.01	1:53.22				
Merijn Meeuwissen	HC			51.37		1:45.69				
Melvin Post	HC			49.88	1:09.29	1:41.01	2:38.20			
Rodi van Rooijen	HC	11.71	28.12	45.18	1:05.21	1:33.80	2:27.93			
Lucas Smits	HC	13.96	34.70	52.28	1:11.76	1:45.23				
Dirk Jan Timmer	HC	11.31	26.33	41.02	58.77	1:24.31	2:10.15	5:00.71		
Teun van der Werf	HC			53.40		1:53.26				
Wouter Elling	HB	11.75	28.22	44.53		1:34.38	2:13.82	5:01.25		
Niek van der Grift	HB			50.38		1:40.02	2:38.28			
Remco Leeflang	HB	11.40	27.03	40.76	58.14	1:23.43	2:02.55	4:23.59		
Sjoerd Leemrijse	HB			40.95		1:21.49	2:02.75	4:22.38		

Naam	Categorie	100m	300m	500m	700m	1000m	1500m	3000m	5000m	10000m
Rik Nusselder	HB			47.32		1:42.33	2:37.65			
Kim van Tamelen	HB	11.04	26.36	40.94	1:00.90	1:22.14	2:16.66	5:09.03		
Bas Verhoeff	HB	11.34	26.71	41.10	1:00.23	1:28.23	2:09.79	4:54.61		
Joost van Zanten	HB	11.17	26.24	40.23		1:26.40	2:08.11	4:26.29		
Carlo Cesar	HN			37.14		1:14.14	1:58.98			
Bas van Ede	HN			42.18			2:08.82			
Jordi Kooij	HN			40.05		1:21.41	1:59.83	4:21.34		
Patrick Leefflang	HN			41.81		1:24.11	2:07.32			
Paul Verkerk	HN			43.18			2:13.76	4:50.84		
Christiaan van den Berg	HS			39.03			1:56.37	4:06.97	6:56.72	14:35.39
Joran Gijsen	HS			42.03			2:10.67			
Maarten van Gils	HS			43.45		1:29.47	2:18.12			
Hans van Lindenberg	HS			44.34			2:15.04			
Laurens Timmer	HS			38.64		1:18.95	1:59.00	4:14.41		
David Vergouw	HS			41.03			2:04.02	4:33.81		
Peter Verkaik	HS			41.10		1:21.37	2:04.82	4:28.07		
Jan Uit den Bosch	HM			48.83			2:35.77			
Gerke Corstiaensen	HM			47.89		1:34.86	2:27.01	5:11.78		
Teus Gijsen	HM			54.63			2:41.96			
Piet Griffioen	HM			45.70		1:30.60	2:20.72	4:59.85		
Dirk-Jan van Hameren	HM			40.54		1:24.31	2:07.73	4:51.00		
Johan de Heer	HM			47.57			2:19.93	4:51.06		
Peter Heus	HM			55.34			2:43.88	5:46.32		
Co van der Laan	HM			50.22			2:28.98			
Cor de Langen	HM			1:21.09			2:46.39			
Bauke Meijer	HM		29.99	46.62		1:36.65	2:24.37	5:07.65		
Rik Peeters	HM			55.22			2:57.25			
Jan Reijnen	HM			50.90			2:40.34	5:42.78		
Gerrit Roodhart	HM			51.93			2:31.49			
Wibe Veenbaas	HM			43.04		1:25.51	2:09.03	4:36.06	8:03.10	
Dick van Walderveen	HM			50.19			2:33.19			
Henk van Walderveen	HM			45.83			2:18.26	5:00.25		